



Lemonade

makes 1 cup

You will need:

1 Solo cup

1 spoon

1 sharp knife (adult supervision needed)

1 measuring cup

1 measuring spoon

1 cup cold water

4 tablespoons sugar

1 lemon

- Roll lemon on table with hand to soften.
- Measure 1 cup of water and pour into cup.
- Cut lemon in half.
- Squeeze lemon juice from lemon into cup. (do not include the seeds!)
- Add 4 tablespoons of sugar to cup.
- Stir well.
- Drink and enjoy!